

Preliminary programme

8:30	Reception
9:00	Welcome
9:15	Functional Anatomy of the Extensors and Flexors (M.M. Stragier / M.S. Vangheluwe, Lichtervelde / Belgium)
10:00	Functional Anatomy of the radiocubital distal joints (Dr. M. Esplugas, Kaplan Institute / Barcelona / Spain)
11.00	Break
11.30	Thumb arthritis: biomechanics, orthotics and prevention (MD Thomas, Grenoble / France)
12.30	Lunch
13.30	Functional Anatomy of the intrinsic muscles of the hand (Prof. Dr. F. Stockmans, AZ Groeninge Kortrijk / Belgium)
14.30	"What is carpal instability and what is not" " How ligaments and muscles interact to ensure wrist stability?" "Plenary Discussion about Birmingham rehabilitation protocol." (Prof. Dr. M. Garcia-Elias, Kaplan Institute / Barcelona / Spain)
15.30	Annual BHT Member meeting (only for BHT members)

END

16.00



The theme: "The functional Anatomy Of The Hand, Back To Basics."

The goal for the meeting: To give an overview of the functional anatomy of the hand in conjunction with common problem areas. We will focus on the treatment/ rehabilitation of these areas and how that can influence the trauma. We will also give practical tips and tricks for therapists.

Location: Hotel "Van Der Valk" in Brussels/Diegem on Saturday the 17th of November 2018.

Info / registration: www.bht.be (from the 10th of September)

Application for PQK: In progress

Symposium language: English