



ECHT

EUROPEAN CERTIFIED
HAND THERAPIST

EUROPEAN FEDERATION OF SOCIETIES FOR HAND THERAPY

EFSHT Cheat Card

Interested in becoming an
European Certified Hand Therapist?

www.eurohandtherapy.org
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Brachial Plexus - Anatomy

Motor innervation details

¹ Triceps brachii, Anconeus,
Brachioradialis, ECRL, ECRB,
Supinator, EDC, ECU, EDQ, APL, EPB,
EPL, EIP

² Pronator teres, FCR, PL, FDS, FDP
2&3, FPL, PQ, APB, FPB (superficial),
Opp pol., Lumbricales I&II

³ FCU, FDP 4&5, Abd DM, Opp DM,
FDM, Lumbricales 3&4, Interossei, Add
pol., FPB (deep)

Brachial Plexus - Anatomy

roots **C5-T1**, passing between Scalenus anterior and Scalenus medius

1 Axillary N. (C5-7)

> Deltoid, Teres minor

2 Musculocutaneous N. (C5-7)

> Coracobrachialis, Biceps brachii, Brachialis

3 Radial N. (C5-T1)

> Triceps brachii, all extensors¹

4 Median N. (C6-T1)

> flexor-pronator group, thenar²

5 Ulnar N. (C8-T1)

> ulnar flexors, hypothenar, intrinsics³

6 Thoracic longus N. (C5-7)

> Serratus anterior

