

## REHABILITATION IN HAND SURGERY 2025/26 – LUND UNIVERSITY

### COMMISSIONED EDUCATION – 15 HIGHER EDUCATIONAL CREDITS

The contents of the course and its set-up aim to enable more specialized study at the advanced level (A). It can be used in a Masters exam in one of the main fields of Occupational Therapy and Physiotherapy. The course recognizes components of health according to the conceptual model of the International Classification of Functioning, Disability and Health – ICF (WHO) and adopts a biopsychosocial perspective. The course has an international faculty and focuses on hand rehabilitation as an inter-professional subject area, current research and development within the field, in an evidence-based perspective.

**Organizer** Department of Hand Surgery in Malmö and LUCE, Lund University, Sweden

**Location:** Malmö, Sweden

**Schedule 2025-2026:** 1-4 Sept 2025, 24-28 Nov 2025, 9-13 March 2026, and 25-29 May 2026

**Course leaders:** Sara Larsson and Ulrika Wijk

**Contact:** [sara.larsson.5408@med.lu.se](mailto:sara.larsson.5408@med.lu.se)

**More information:** [ida.burgete\\_holmgren@education.lu.se](mailto:ida.burgete_holmgren@education.lu.se)

<p><b>First week Sep 1-4, 2025</b></p> <ul style="list-style-type: none"><li>• Functional anatomy</li><li>• The shoulder</li><li>• Tissue injury and healing</li><li>• Pain</li><li>• Evidence-based practice</li><li>• Mindset and expectations</li></ul> <p>Examination: Functional anatomy – written exam</p>	<p><b>Second week Nov 24-28, 2025</b></p> <ul style="list-style-type: none"><li>• Outcome</li><li>• Peripheral nerve disorders (injuries /neuropathies)</li><li>• Brain plasticity in Rehab</li><li>• Sensory relearning</li><li>• Plexus injuries</li><li>• Cold sensitivity</li></ul> <p>Examination: Article seminar based on individual assignments on intervention-articles with focus on <i>ICF, Scientific Evidence and Clinical applicability</i></p>
<p><b>Third week March 9-13, 2026</b></p> <ul style="list-style-type: none"><li>• Joint injuries</li><li>• Fractures</li><li>• Tendons</li><li>• Wrist problems</li><li>• Major trauma</li><li>• The stiff hand</li></ul> <p>Examination: Article seminar based on individual assignments on intervention-articles with focus on <i>ICF, Scientific Evidence and Clinical applicability</i></p>	<p><b>Fourth week May 25-29, 2026</b></p> <ul style="list-style-type: none"><li>• Osteoarthritis</li><li>• Rheumatoid arthritis</li><li>• Dupuytren's contracture</li><li>• Thumb problems</li><li>• CRPS</li></ul> <p>Examination: Group presentations based on group-assignments on specific rehab interventions in hand therapy with focus on <i>ICF, Scientific Evidence and Clinical perspective</i></p>